

**38th Annual Heritage Days
5 & 10K Run
Sponsored by
Alliance Band Parents Fun Run
Kids 400 & 2 mile walk**

**Saturday, July 21st, 2018
Registration – 7:15 a.m.
Run & Walk Start – 8:00 a.m.**

*At Bulldog Stadium
12th & Niobrara
Alliance, NE*

Entry Fees

Preregistration - \$20 – at the gate \$25

Runners – 5K & 10K – registration and shirt

Walkers – Free - does not include shirt

Purchase shirt only \$20.00

Kids 400 – Free (no shirt)

Registration

1. Pre-registration should be sent to the Chamber of Commerce, 305 Box Butte
2. Registration on race day will be from 7:15 a.m. to 7:45 a.m. at the concession stand in Bulldog Stadium. Kids' fun run at 7:45 a.m. followed by 5K, 10K, and 2 mile walk.
3. Please make your *checks payable to Alliance Band Parents.*

Awards

1. Medals for first, second, and third places will be awarded to all age groups in the 5K and 10K races.
2. Race T-Shirts are given to all 5K, 10K entrants.
3. Additional awards will be presented to the overall winners of both men's and women's 5K and 10K runs.
4. Other prizes will be awarded by random drawings.
5. Refreshments will be provided.

Registration Form

Name _____
 Address _____
 Phone _____
 Email _____

Divisions

Please check the appropriate boxes below

5K _____ Kids 400 _____ Male _____
 10K _____ 2 Mile Walk _____ Female _____

Age Group

_____ 10 and under _____ 30-39
 _____ 11-15 _____ 40-49
 _____ 16-19 _____ 50-59
 _____ 20-29 _____ 60 and over

Shirt Size

Youth Small _____ Youth Medium _____ Small _____
 Medium _____ Large _____ X-Large _____ XX large _____

In consideration of the acceptance of this entry form myself, my heirs, and legal representatives, waive and release any and all rights and claims for damages against Heritage Days Run Committee, Alliance Band Parents Alliance Chamber of Commerce, the City of Alliance, Box Butte County, Alliance Public Schools, the sponsors, race officials and any individual associated with the event. My entry is voluntary and is entirely at my own risk. I certify I am in good health to participate in this event. In filling out this form, I acknowledge I have read this form and understand my own liability and accept the restrictions.

 (Participant's signature)

 (Parent or guardian if under 18)

Date _____

Date _____

RETURN FORM AND FEES TO:

Alliance Band Parents
 Alliance Chamber of Commerce
 305 Box Butte Ave
 Alliance, NE 69301

Email: financial@alliancechamber.com

Phone: (308) 762-1520 or 1-800-738-0648 (toll free) Fax: 308-762-4919